



PRACTICE CASE / ID

DATE

SETTING

Function and goals matter as much as diagnoses. Look for the geriatric syndromes.

WHAT MATTERS MOST

- ADLs and IADLs
- Falls, cognition, mood, continence
- Full medication review
- Goals of care and caregiver support

OFTEN MISSED

- Polypharmacy and medications to stop
- Fall risk
- Advance care planning

S SUBJECTIVE

Concern From patient and caregiver; name the source.

Function ADLs, IADLs, recent change.

Falls Number, circumstances, injuries.

Cognition / mood

Continence, sleep, nutrition

Medications Every medication, including OTC and supplements.

Social Living situation, caregiver, supports.

Goals of care

O OBJECTIVE

Vital signs Including orthostatics when relevant; weight trend.

Exam Including gait and balance.

Screens Cognitive, mood, gait (e.g. Timed Up and Go).

Data

A ASSESSMENT

Problems Including geriatric syndromes: falls, cognitive impairment, polypharmacy.

P PLAN

Medication changes Including deprescribing.

Safety Fall prevention, home safety.

Referrals PT/OT, social work.

Advance care planning

Follow-up
