



PRACTICE CASE / ID

DATE

SETTING

Two patients at once: the pregnant patient and the pregnancy. Gestational age frames everything.

WHAT MATTERS MOST

- G/P (GTPAL), LMP, estimated due date and gestational age
- Warning symptoms: bleeding, leaking fluid, contractions, decreased movement
- Blood pressure, fundal height, fetal heart tones
- Plan matched to the trimester

OFTEN MISSED

- Gestational age in the one-liner
- Asking about all four warning symptoms
- Labs and tests due at this gestational age

S SUBJECTIVE

ID Age, G_P____, gestational age by LMP or ultrasound.

Concerns

Pregnancy symptoms Bleeding, leaking fluid, contractions, fetal movement (after ~20 weeks).

Other symptoms Headache, vision changes, swelling.

Medications Including prenatal vitamins.

OB / GYN history**O OBJECTIVE**

Vital signs Especially blood pressure; weight.

Fundal height**Fetal heart tones**

Data Prenatal labs, ultrasound, urine results.

A ASSESSMENT

Intrauterine pregnancy At __ weeks, uncomplicated or with complications listed.

Other problems

P PLAN

Tests due For this gestational age.

Education Warning signs and when to call.

Follow-up Next prenatal visit.