



PRACTICE CASE / ID

DATE

SETTING

A growing patient with a caregiver as historian. Everything is compared with age-based norms.

WHAT MATTERS MOST

- Who gave the history
- Birth history, development and immunizations
- Growth percentiles and age-appropriate vitals
- Weight-based dosing with the weight used

OFTEN MISSED

- Hydration status (intake, urine output)
- The weight used for dosing
- Caregiver education and when to return

S SUBJECTIVE

Chief complaint In the caregiver's words; name the historian.

HPI Including feeding, intake, urine output, activity, sick contacts.

Birth history For young children.

Development Milestones for age.

Immunizations Up to date? Per record or per parent.

PMH / meds / allergies

Social Who lives at home, daycare/school, exposures.

O OBJECTIVE

Vital signs Interpret against age norms.

Growth Weight, length/height, head circumference (under 2) with percentiles.

Exam Including hydration and general appearance (playful, consolable).

Data

A ASSESSMENT

Diagnosis With reasoning.

Growth / development On track or concern.

P PLAN

Treatment Weight-based dosing: mg/kg and the weight used.

Anticipatory guidance Age-appropriate.

Caregiver education What to watch for and when to return.

Follow-up Next visit and immunizations due.
